

City of Lewiston, Maine

Proclamation

Recognizing October 24, 2016, as NATIONAL FOOD DAY!

WHEREAS: **National Food Day** provides an opportunity to reflect on what we eat as Americans and to consider ways to effectively enhance our diets and increase healthy eating habits; and

WHEREAS: Promoting safer, healthier diets is a critical factor in improving residents' overall health and quality of life; and

WHEREAS: The Good Food Council of Lewiston-Auburn (GFCLA) has many activities planned to recognize **National Food Day 2016**, focusing on the importance of the local food system; and

WHEREAS: The Good Food Council of Lewiston-Auburn is also an advocate of the LA Community Food Charter, upon which the Lewiston City Council passed a resolve on September 20, 2016; and

WHEREAS: Our community is very fortunate to have many sustainable family farms, farmers markets, and farm stands, as well as stores that are featuring local products; and

WHEREAS: We are also fortunate to have helpful community resources like the multi-faceted St. Mary's Nutrition Center, Healthy Androscoggin, and Lots to Gardens; and

WHEREAS: Creating healthier, locally sourced meals at home and striving to understand the value of healthy eating are goals well worth pursuing.

WHEREAS, NOW, THEREFORE: I, Robert E. Macdonald, Mayor of the City of Lewiston, do hereby proclaim October 24, 2016, as **National Food Day** and applaud the Good Food Council and all others who are bringing awareness to the importance of healthy eating.

Presented this 18th day of October, 2016

Mayor Robert E. Macdonald

